



CHILD AND ADOLESCENT HEALTH CENTER PROGRAM

Service Delivery Models

The Child & Adolescent Health Center (CAHC) program recognizes that schools and communities have unique needs. Ideally, a comprehensive assessment of the needs and strengths of the community, school and student population will drive the selection of the model that best fits the needs of children and youth. To that end, the CAHC program offers the following service delivery models.

Target Population:

The target population for school-based CAHCs, the School Wellness Program (SWP) and Expanding, Enhancing Emotional Health (E3) is children and youth 5-21 years old. School-linked health centers (e.g. community based) serve only adolescents ages 10-21 years old. School-based and school-linked health centers may also serve the infants and young children of adolescents.

Service Delivery Models:

Child & Adolescent Health Centers (also known as school based/linked health centers)– provide comprehensive primary care (including well care and diagnosis and treatment for acute and chronic illness), behavioral health, health promotion/disease prevention, Medicaid outreach and enrollment, and access to Medicaid preventive services in a developmentally appropriate manner to eligible children and youth. Staffed by mid-level provider (Nurse Practitioner or Physician Assistant) and licensed master’s level mental health provider. Clinical services are provided a minimum of five days, 30 hours per week. Mental health services are provided a minimum of 40 hours per week, or whatever your full-time equivalent is. A minimum of 500 unduplicated youth must be served each year.

Alternative Clinical Health Centers– provide comprehensive primary care (including well care and diagnosis and treatment for acute and chronic illness), behavioral health, health promotion/disease prevention, Medicaid outreach and enrollment, and access to Medicaid preventive services in a developmentally appropriate manner to eligible children and youth. Staffed by mid-level provider (Nurse Practitioner or Physician Assistant) and licensed master’s level mental health provider. Alternative Centers differ only in the number of hours required to be open and number of youth served. Clinical services are provided a minimum of 3 days, 24 hours per week. Mental health services are provided a minimum of 12 hours per week. A minimum of 200 unduplicated youth must be served each year. *This model was developed for smaller, high need schools such as alternative high schools.*

Expanding, Enhancing Emotional Health (E3) sites – provide mental and behavioral health in individual and group settings. E3 models are staffed by a full-time and licensed master’s level mental health provider in one school building, year-round. Services fall within the current, recognized scope of mental health practice in Michigan and meet the current, recognized standards of care for children and/or adolescents.



School Wellness Programs (SWP)- provide school nursing services, behavioral health, health promotion/disease prevention, Medicaid outreach and enrollment, and access to Medicaid preventive services in a developmentally appropriate manner to eligible children and youth. SWP staff also provide professional development to school staff on a variety of topics. SWPs are staffed by a full-time RN/school nurse and licensed master’s level mental health provider. SWPs are open a minimum of five days per week and a minimum of 350 unduplicated youth must be served per year.